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What's New!

A note from the 2010 Leadership Team Chair

The Leadership Team of the Washington State Diabetes Network met for its quarterly meeting on April 20. The theme of the meeting was Advocacy. Laura Keller Advocacy Director, American Diabetes Association explained the differences between advocacy and lobbying. Jan Norman, Chronic Disease Prevention Unit, Director shared the history and experience of advocating for the coverage of diabetes education and supplies in Washington State.

	Advocacy	Lobbying
What	Active support of an idea or a cause	Influencing policy makers
How	Educating stakeholders on the facts of a given issue.	Asking for specific action on a specific piece of legislation
Who	Variety of Stakeholders	Policy Makers

For more information on the differences between advocacy and lobbying view the: April 20th Advocacy Presentation.

The goal of the Advocacy Committee for the Diabetes Leadership is to educate a variety of stakeholders on the urgency to address pre-diabetes through screening efforts and to secure public/private insurance coverage for evidence-based pre-diabetes lifestyle intervention. Their work plan outlines the steps they will take to begin the process. To review the complete advocacy plan view: Diabetes Leadership Team Advocacy Plan. If you are interested in supporting this effort contact Ted Duncan, Advocacy Committee Chair, at tduncan@diabetes.org.

Thank you! Shirley Broughton MPH RD CD Chair Diabetes Leadership Team

To learn more about the 2010 Leadership Team, including membership, activities, meeting notes, go to the *Diabetes* Connection.

News: New American Recovery and Reinvestment Act (ARRA) Grant Awards

American Recovery and Reinvestment Act Communities Putting Prevention to Work;

Chronic Disease Self Management Program (CDSMP)

In February 2010 The Department of Social and Health Services (DSHS), the Department of Health, and four Area Agencies on Aging in the state of Washington combined forces to



INLAND NORTHWEST HEALTH SERVICES

apply for funding through the Recovery and Reinvestment Act grant. The \$652,582 award from the U.S. Department of Health and Human Services will help Washington state's older adults with chronic diseases learn how to manage their conditions and take control of their health using the Stanford University Chronic Disease Self-Management Program.

To <u>learn more</u> about the four sites that will be offering this program visit the Living Well with Chronic Conditions in Washington State website.

To learn more about the Chronic Disease Self Management Program (CDSMP) visit the Diabetes Connection.

Inland Northwest Health Services Awarded "Beacon Communities" Health IT Grant

Inland Northwest Health Services (INHS) of Spokane was recently awarded \$15,702,479 under the American Recovery and Reinvestment Act (ARRA) "Beacon Communities" grant and featured in the May 4, 2010 online edition of Healthcare IT News. According to Jennifer Polello, Health Education Manager for the CHER Diabetes Education Center at INHS, the grant will focus on increasing preventive services for diabetic patients in rural areas by extending Health Information Exchange and establishing anchor institutions in close proximity to remote clinics that will promulgate successes in health IT supported care coordination. This is a great opportunity for Washington State since INHS was one of only 15 communities chosen that will serve as models for the broad use of healthcare information technology under a \$220 million program aimed at improving care and efficiency – and creating new jobs.

To read the full article go to **Healthcare IT News**.

Public Health-Seattle King County Awarded \$25.5 million for CPPW

Seattle & King County has been awarded two highly-competitive federal grants totaling \$25.5 million over two years to address obesity and tobacco use. Although there were over 600 applicants nationally, King County received two of approximately 40 federal grants that are part of the federal Communities Putting Prevention to Work Initiative. These grants provide one-time funding for policy, systems and environmental changes. Activities will have a population-level impact, as opposed to providing services and education to individuals. The goal is for every King County resident to have access to healthy choices and opportunities for healthy living. Community agencies, schools and local governments are eligible to apply for grant-funded projects for policy and system changes. There will also be funding opportunities for small businesses offering healthy food options. The deadline for RFPs had been extended to June 3rd. Learn more by going to the CPPW website.

Tri-Cities Diabetes Coalition—PCRM's Food for Life Diabetes Program Presentation

Recent Events—Coalition Activities

Nancy Lyons, RN, MN and member of the Tri-Cities Diabetes Coalition in eastern Washington presented

PCRM's Food for Life Diabetes program to members of the Tri-Cities Diabetes Coalition and their guests on Monday, April 19, 2010 from 5:30 pm - 8:00 pm. A two hour cooking class including a 30 minute DVD was presented. The participants enjoyed the information, the camaraderie and the food. Nancy prepared: Spinach and Mango

salad, Brown Rice, Sweet and Sour Stir Fry with Seitan and Chocolate Mousse with Fresh Strawberries. The program by the Physicians Committee for Responsible Medicine is designed to help the public and health

care professionals recognize the value and effectiveness of a plant-based diet. The purpose of presenting to the coalition was to familiarize the diabetes coalition members with this program and to celebrate all of their hard work over the last twelve years. To learn more about the Tri-Cities Diabetes Coalition visit the **Diabetes Connection**.

pcoming Events

Washington Association of Diabetes Educators (WADE)

2010 Annual Meeting Friday, May 21-Saturday, May 22nd 2010 from 11:00 am -4:30 pm Bellevue Hyatt Regency, 900 Bellevue Way NE Bellevue, Washington 98004

Diabetes educators from multiple disciplines in Washington state and the Pacific Northwest will gather to learn about practical tools and strategies useful in educating individuals with diabetes, professionals in the health

care system and community members about diabetes. To learn more go to the **Diabetes Connection**.

Upcoming Regional Diabetes Coalition/Network Meetings

Community Partners for Diabetes Health (CPDH)—Pierce County: Wednesday, May 19th, 3:00—4:30 PM

Seattle & King County REACH Coalition: —Thursday, May 27th, 3:00—5:00 PM

Wenatchee Area Network for Diabetes (WAND): Thursday, July 15th, 12:00—1:00 PM

To find more upcoming events visit the Diabetes Connection events calendar.

To learn more about Regional Diabetes coalitions in Washington visit the Diabetes Connection

Regional Coalitions section

The Washington State Diabetes Prevention and Control Program and State Diabetes Network Leadership

Thank You!

Team would like to acknowledge the hard work and dedication of the regional diabetes coalition leads who have worked tirelessly to coordinate the work of each of the coalitions over the past several years. Through the leadership of these individuals, members have been providing outreach and awareness to individuals in

five communities in Washington providing education and awareness to the community about the importance of

- the prevention and management of diabetes. Many thanks to:
 - Karen Barale—Community Partners for Diabetes Health (CPDH) Pierce County
- Jennifer Polello—Eastern Washington Diabetes Network (EWDN) Blishda Lacet—Seattle & King County REACH Coalition
- Cynthia McCready—Tri-Cities Diabetes Coalition

Ginny O'Kelly—Wenatchee Area Network for Diabetes (WAND) And thank you also to all the many volunteers who serve on these coalitions as well!

If you have questions, comments, or suggested content for this publication contact: Laura Pennington, (360) 236-3963